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NAS MERIDIAN

COMMANDER, TRAINING AIR WING ONE
COMMANDING OFFICER
NAVAL AIR STATION
MERIDIAN, MISSISSIPPI 39309

COMTRAWINGONEINST 5100.4B
NASMERINST 5100.18B
COMTRAWINGONE Code 00200
NASMER Code 00100
12 February 1992

COMTRAWING ONE INSTRUCTION 5100.4B
NASMER INSTRUCTION 5100.18B

Subj: SMOKING POLICY AT NAVAL AIR STATION, MERIDIAN

Ref: (a) SECNAVINST 5100.13A
(b) CNETINST 5100.4

1. Purpose. To provide policy guidance on tobacco use and implement references (a) and (b) aboard Naval Air Station, Meridian.

2. Cancellation. COMTRAWINGONEINST 5100.4A/NASMERINST 5100.18A.

3. Applicability

a. This instruction applies to military personnel, civilian employees, contractor personnel, and all dependents and visitors aboard Naval Air Station, Meridian. This instruction does not cancel or supersede other instructions where smoking is prohibited because of fire, explosive, or other safety considerations.

b. This instruction does not override provisions of existing civilian collective bargaining agreements until their expiration. Prior to implementing this policy for civilian employees, activities must, where applicable, discharge their labor relations obligations.

4. Background. The Surgeon General of the United States has determined that the use of tobacco is the most preventable cause of illness and death. This includes the use of chewing and dipping tobacco, which besides being a direct cause of oral cancers has been shown to impair physical fitness. The Environmental Protection Agency states that involuntary/passive smoke poses a public health risk to nonsmokers. Overwhelming medical evidence shows the use of tobacco products degrades the health and readiness of our force. Tobacco use impairs critical military skills such as night vision and eye/hand coordination. It affects cardiorespiratory endurance, exercise tolerance, and stamina. It also has been shown to increase susceptibility and impair the body's ability to fight disease.

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5. Policy. Naval Air Station, Meridian and Training Air Wing ONE policy is to create a healthy working environment that supports abstinence and discourages use of tobacco products, providing smokers with encouragement and professional assistance in stopping smoking. The objective is to establish appropriate environmental protective measures that will ensure a safe, healthy, unpolluted work and living environment. The Navy does not prohibit tobacco use, but employs a positive educational awareness approach that is designed to provide the least disruption while improving our state of health and military readiness.

a. Smoking is prohibited in all NAS Meridian buildings (exceptions, single berthing spaces and paragraph 5e). This includes all auditoriums, conference rooms, classrooms, libraries, lounges, corridors and passageways, rest rooms, messing and dining facilities, office spaces and government vehicles.

b. Smoking is prohibited on all TRAWING ONE and NAS Meridian aircraft.

c. Since entire buildings have been designated no smoking areas, department heads, if possible, should provide outside designated smoking areas for those who wish to smoke. These areas must meet safety requirements and adhere to cleanliness standards.

d. Smoking and nonsmoking preferences shall be considered in the assignment of berthing spaces. There shall be no smoking in spaces shared by smokers and nonsmokers.

e. Smoking will be allowed in lounge areas where alcohol is served. Smoking will not be allowed in the Lakeside Club Dining room during meal hours.

6. Action

a. Commanding Officers and department heads shall ensure that all assigned personnel are made aware of this tobacco use policy.

b. The Officer in Charge, Naval Hospital Branch Medical Clinic, Meridian shall:

(1) Ensure health care providers counsel all referred patients on their tobacco use habits and offer them smoking cessation activities and the use of such medical adjuncts that may be necessary to obtain this goal.

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(2) Be responsible for conducting a base-wide survey regarding tobacco use annually. The survey results shall be forwarded to the Commanding Officer, Naval Air Station, Meridian by 1 December.

(3) Serve as coordinator for the American Cancer Society annual "Great American Smokeout" campaign.

c. The Naval Air Station, Meridian Safety Officer shall ensure that "NO SMOKING" signs are prominently posted in all areas where ashtrays have been removed.

d. The Director, Family Service Center shall conduct smoking cessation classes for all personnel as deemed necessary.

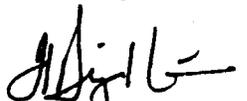
e. The Naval Air Station, Meridian Training Officer shall provide General Military Training for all members regarding:

(1) Nicotine addiction and its negative impact upon readiness.

(2) Health risks of tobacco use.

(3) Availability of assistance for cessation of tobacco use.

f. Let's all get behind the intent of this instruction and move into compliance with the Secretary of the Navy's directive, while ensuring a healthier workplace for all.


T. L. HIGHTOWER


C. L. WEBER

Distribution:

(COMTRAWINGONEINST 5216.4)

List I, Case I

List II, Case II (A-D)

List III, Case III

(NASMERINST 5216.1F)

Lists: A & N

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